



Fold-over cards: in an emergency

This bar is 50 mm long when printed at actual size

1. Print at actual size (100%).

2. Cut out a strip; fold it, printed side out.

3. Fill in with a pen. Never add a PIN or password.

fold



IN CASE OF EMERGENCY

Name _____

Contact 1 _____ Tel _____

Contact 2 _____ Tel _____

Medical notes are on the back.

In an emergency call **112 or 999**



MEDICAL NOTES

Conditions _____

Allergies _____

Medicines _____

GP _____ Tel _____



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