

Our fire escape plan

Two ways out, one meeting point

Draw your home, plan two ways out of every room, and agree who helps whom. Then walk it through with everyone who lives here.

Draw your home

Draw each floor: the rooms, doors, windows and stairs. Draw your usual way out as a solid line and a second way out of each room as a dotted line. Mark where the keys are kept with a K.

Floor ground, first...

Drawn on date

⊖ Make the plan

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|--------------------------|---|--------------------------|--|
| ☐ | Plan two ways out of every room, if you can, in case one is blocked by fire.
Your usual way in and out is the best first choice. | ☐ | Keep a working torch beside each bed. |
| ☐ | Keep every way out clear, day and night.
The stairs most of all. | ☐ | Close all doors at night. A closed door holds back smoke and fire. |
| ☐ | Keep keys for locked doors and windows close to them, where everyone can find them. | ☐ | Walk through the plan with everyone who lives here, and practise it regularly. |
| ☐ | Agree a meeting point outside, near where the fire brigade will arrive. | ☐ | Put the plan where everyone will see it, like the fridge door. |
| ☐ | Plan a safe room in case you can't get out; one with a window and a phone. | ☐ | Working smoke alarms on every floor, tested every week. |
| | | ☐ | Deaf or hard of hearing? Make sure you have a smoke alarm adapted for you. |



Our plan

Our meeting point outside somewhere safe, near where the fire brigade will arrive

Keys for locked doors and windows are kept near the door, where everyone can find them in the dark

Our safe room if we can't get out a room with a window and a phone

Our Eircode 7 characters

Phone for 999 or 112 is kept by the bed?

We practised on _____ dates _____



Who helps whom

Young children, older people and anyone who would find it hard to get out alone may need help. Agree now who helps them, and which way they go.

Who needs help

a baby, a child, an older person, a pet

Who helps them

Which way out



If the smoke alarm goes off

- 1 Wake everyone, and get everyone out.
- 2 Before you open a door, feel it with the back of your hand. If it is warm, use your other way out.
- 3 If there is smoke, stay low. Crawl if you have to.
- 4 Close doors behind you as you go.
- 5 Go straight to your meeting point.
- 6 Ring 999 or 112 from outside, or from a neighbour's.
- 7 Stay out. Don't go back in for any reason.



If you can't get out

- 1 Go into a room with a window, and close the door.
- 2 Block the gap under the door with towels, sheets or blankets.
- 3 If the room gets smoky, stay low, near the floor.
- 4 Open the window, stay by it and call for help. Ring 999 or 112, or shout so someone else can ring.
- 5 **Only as a last resort, from a first-floor window,** the fire services say: hang from the window sill, lower yourself to arm's length and drop. Don't jump. Lower children to the ground first; never expect them to follow you.



One thing to do this week

Walk the plan with everyone who lives here: both ways out of each room, the keys, and the meeting point. Then put this sheet on the fridge.